

# BE INSPIRED THIS HOLIDAY SEASON

Celebrate the holiday season with creative gifts made from top-quality Aura Cacia essential oils, skin care oils and other simple ingredients. Visit [auracacia.com](http://auracacia.com) for more recipes and tips.

## HOLIDAY ROLL-ON

### Ingredients:

- 2 teaspoons Aura Cacia Jojoba Skin Care Oil
- 7 drops Aura Cacia Frankincense Precious Essentials®
- 2 drops Aura Cacia Peppermint Essential Oil
- 1 drop Aura Cacia Lavender Essential Oil
- .31-ounce Aura Cacia Amber Roll-On Bottle

### Directions:

1. In roll-on bottle, measure oils and top off with jojoba, replace cap and shake until well blended.
2. To use, apply 3 to 4 swipes to each temple and massage with finger tips. Reapply as needed.

