



Inhale to calm a frustrating commute. Beep, beep, aaaah.



Add 12 drops per 1 oz. skin care oil for a relaxing massage.



Inhale prior to yoga practice or at the end during savasana. Om.



Put a couple drops on your pillow at night. Sweet dreams.



Add to your bath salts for a soothing bath experience. Relaaaax...



Diffuse to calm a crying baby. Sssshh, hush lil' baby...



Mix 6 drops per 1 oz. water and create a soothing skin mist. Ahh, now that's better.



SO MANY USES IN ONE LITTLE BOTTLE



Add a few drops to a sachet and hang in clothes closet... refresh as needed.



Place 2-3 drops into your sandals at night to leave them clean and refreshed.



Combine with baking soda and a spritz of lemon to create a natural scouring powder. Squeaky clean.



Add several drops to a small towel and toss into dryer during cool down. So fresh, so clean!



Add 9 drops to 3 tablespoons water in candle lamp diffuser. Relax and enjoy.

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