HOMEMADE FACIAL CARE RECIPES

DO-IT-YOURSELF facial care
STEP 1: Pick your blend & recipe.

**UNCOVER**
A refreshing, clean blend for use in cleansing facial care recipes, such as skin cleansing oils, spot applications and cleansing pads.
Featuring sweet orange, bergamot, tangerine, sweet marjoram, lemongrass, lavandin and clove bud essential oils.

**REVITALIZE**
A sweet, floral blend for use in balancing facial care recipes, such as face masks, facial massage oils and under-eye serums.
Featuring palmarosa, sweet orange, lavandin, patchouli and neroli essential oils.

**ILLUMINATE**
A bright, citrusy blend for use in brightening facial care recipes, such as facial mists, facial rinses and facial scrubs.
Featuring sweet orange, bergamot, Mandarin orange, palmarosa, grapefruit and coriander essential oils.

**DRENCH**
A comforting, sweet blend for use in soothing facial care recipes, such as facial serums, facial creams and soothing masks.
Featuring sweet orange, lavandin, patchouli, bergamot, tangerine, lavender and vanilla essential oils.
STEP 2: Choose your ingredients.

Argan oil contains high levels of skin-rejuvenating essential fatty acids and is ideal for brightening your skin and hair.

Jojoba oil closely resembles the skin’s own natural emollients. It is easily absorbed and is known to not clog pores.

Vegetable glycerin helps your skin retain its natural moisture.

Many of the ingredients in the following recipes are most likely found in your very own home.

- Witch hazel
- Coconut oil
- Sugar
- Aloe vera gel
- Oats
- Honey
- Bentonite clay
INGREDIENTS
1 fluid ounce jojoba oil
¼ fluid ounce argan oil
8 drops Uncover Essential Oil Blend
2-ounce amber glass bottle

DIRECTIONS
1. In bottle, combine all ingredients.
2. Replace lid and shake until well blended.
3. To use, soak a wash cloth in steamy water. Pour a quarter-size amount onto palm of hand. Rub hands together and apply to face. Massage into skin using gentle, circular motions.
4. Place warm, wet washcloth onto face and let sit until washcloth cools. Gently wipe oil away. Repeat until skin feels free of oil.
INGREDIENTS
1 teaspoon jojoba oil
4 drops Uncover Essential Oil Blend
.31-ounce amber glass roll-on bottle

DIRECTIONS
1. Into roll-on bottle, combine ingredients.
2. Replace lid and shake until well blended.
3. To use, apply mixture to skin spots before bed.
INGREDIENTS
1 fluid ounce witch hazel
1 teaspoon vegetable glycerin
12 drops *Uncover* Essential Oil Blend
2-ounce amber glass bottle
Cotton facial pads

DIRECTIONS
1. In bottle, combine witch hazel, vegetable glycerin and essential oil blend.
2. Replace lid and shake vigorously until well blended.
3. To use, apply mixture to a cotton facial pad and gently wipe skin.
INGREDIENTS

2 tablespoons bentonite clay  
1 teaspoon argan oil  
4 tablespoons water  
10 drops Revitalize Essential Oil Blend  
4-ounce amber glass jar

DIRECTIONS

1. In jar, combine all ingredients. Stir until well blended, adding additional clay powder or water, to achieve desired consistency if needed.

2. To use, apply mixture to face and smooth over skin with fingertips. Allow to sit for at least 15 minutes, until mixture dries completely.

3. Rinse with warm water and pat dry.

Quick Tip: Any leftovers should be used immediately as a body mask or discarded.
INGREDIENTS
1 teaspoon argan oil
3 drops Revitalize Essential Oil Blend

DIRECTIONS
1. In palm of hand, combine ingredients.
2. To use, apply to face and massage into skin in circular motions for 1 minute. Rinse with warm water and pat dry.
INGREDIENTS
1 fluid ounce rosehip oil
1 fluid ounce jojoba oil
12 drops Revitalize Essential Oil Blend
2-ounce amber glass bottle

DIRECTIONS
1. In bottle, combine all ingredients.
2. Replace lid and shake vigorously until well blended.
3. To use, after cleansing face, dab mixture under and to the side of each eye once in the morning and once before bed.
4. Store in a cool, dry place away from direct light.
INGREDIENTS

1 teaspoon rosehip oil
2 fluid ounces water
25 drops Illuminate Essential Oil Blend
2-ounce amber glass mist bottle

DIRECTIONS

1. In bottle, combine rosehip oil and essential oil blend. Fill with water.
2. Replace lid and shake vigorously until well blended.
3. To use, shake bottle and mist face.
4. Store in a cool, dry place away from direct light.
INGREDIENTS
3 tablespoons water
6 drops **Illuminate** Essential Oil Blend
2-ounce amber glass bottle

DIRECTIONS
1. In bottle, combine ingredients.
2. Replace lid and shake vigorously until well blended.
3. To use, after cleansing face, shake well, apply mixture to a soft cotton ball and gently massage into skin. Follow up with a moisturizer if desired.
INGREDIENTS

¼ cup granulated sugar
¼ cup coconut oil
24 drops Illuminate Essential Oil Blend
4-ounce amber glass wide mouth jar

DIRECTIONS

1. In a small mixing bowl, combine all ingredients. Stir until well mixed.

2. To use, apply mixture to face and massage into skin in circular motions for 30 seconds. Rinse with warm water and pat dry.

3. Store in jar and use within 2 weeks.
INGREDIENTS
2 tablespoons aloe vera gel
2 tablespoons vegetable glycerin
1 teaspoon jojoba oil
12 drops Drench Essential Oil Blend
4-ounce amber glass bottle

DIRECTIONS
1. In bottle, combine all ingredients.
2. Replace lid and shake vigorously until well blended.
3. To use, after cleansing face, apply to face and massage into skin in circular motions. Leave on overnight.
INGREDIENTS

¼ cup oats
⅓ cup hot water
1 tablespoon honey
1 tablespoon jojoba oil
30 drops Drench Essential Oil Blend

DIRECTIONS

1. In a food processor or blender, combine oats and water. Pulse until well blended.
2. Add honey and pulse until well blended.
3. In a small mixing bowl, combine jojoba oil and essential oil blend and stir until well blended.
4. Add oil blend to blender and pulse until completely blended.
5. To use, apply mixture to face while still warm. Let sit for 15 minutes.
6. Rinse with warm water and pat dry.
INGREDIENTS
1 tablespoon beeswax
6 tablespoons jojoba oil
2 tablespoons rosehip oil
6 tablespoons distilled water
40 drops Drench Essential Oil Blend

DIRECTIONS
1. In a double boiler, melt beeswax. Then add jojoba and rosehip oils.
2. Once wax is fully melted, remove from heat and allow to cool to a lukewarm temperature.
3. Add essential oil blend.
4. Heat water to a lukewarm temperature, and pour into blender or food processor.
5. Begin blending and add the wax and oil mixture slowly in a steady stream.
6. Continue blending until a cream consistency is achieved.
7. Immediately store in a tightly sealed jar in the refrigerator. Keep refrigerated until use.

* This cream does not contain any preservatives. Please store in the refrigerator, and use within 1 to 2 weeks. Discard if signs of spoilage appear.
Find more DIY recipes and tips, and share your own favorite homemade recipes with us on social media. We’d love to hear about your experiences and connect you with others exploring the world of homemade facial care products.