

BALANCE YOUR chakra

BALANCE YOUR life



Aura Cacia® has created an essential oil essence with an affinity for each of the seven chakras. The convenient roll-on applicator makes it easy to balance emotional and spiritual energy flow. Each essence can be used alone or combined with others, depending on which chakra centers you wish to bring into balance. These natural essences also double as superb perfumes. Use them in combination to create your own signature aromatic style!



Aura Cacia®



pure essential oils

We Believe Organics Are

- ✕ Better for You
- ✕ Better for the Environment
- ✕ Better for the Farmers

1% given back to organic farmers and their communities

[auracacia.com/onepercent](http://auracacia.com/onepercent)



Photo: Woman harvesting ylang ylang in Madagascar.

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organic  
**chakra**  
 BALANCING  
 aromatherapy roll-ons

Aura Cacia®  
 pure essential oils

PRODUCT NAME	LOCATION	BALANCED CHAKRA	AROMA	SUGGESTED USE	EMOTION	MIND	SPIRIT
 enlightening crown	top of head	inspire supreme transcendence	smoky, sweet blend featuring frankincense and neroli	roll on pulse points, behind the ears, at the base of the skull	release	free thought	set free
 insightful third eye	forehead, between eyebrows	nourish consciousness and the fulfillment of vision	complex, herbal blend featuring rosemary and lavender	roll on pulse points, the third eye	balance	visualization	insight
 expressive throat	throat	inspire calm, confident and clear communication	sweet blend featuring chamomile and vanilla	roll on pulse points, base of the throat	assuredness	clarity	security
 opening heart	center of chest	open the floodgates of compassion and understanding	soft, floral blend featuring geranium and lemon	roll on pulse points, heart center	love	compassion	devotion
 empowering solar plexus	between navel and sternum	inspire the expression of personal energy	delicate, citrus blend featuring lemon and helichrysum	roll on pulse points, solar plexus	extroversion	sharpness	growth
 sensual sacral	lower abdomen	uncoil your inner confidence and ignite healthy desire	musky blend featuring sandalwood and sweet orange	roll on pulse points, sacrum and lower abdomen	enthusiasm	sensuality	passion
 grounding root	base of spine	ground you with strong earth forces	earthy blend featuring vetiver and nutmeg	roll on pulse points, behind the knees and on wrists	confidence	intuition	survival

## What is a CHAKRA?

From origins in ancient Vedic tradition to modern yoga, chakras are interconnected energy centers that influence spiritual and emotional expression. There are seven different chakras corresponding with seven locations in, on and around the body. Essential oils can be used to influence chakra balance.

## LEARN MORE ABOUT CHAKRAS

Scan the code on the right to visit our chakra website: [www.auracacia.com/chakras](http://www.auracacia.com/chakras)



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