

Aura Cacia®



pure aromatherapy



Vetiver

BOTANICAL NAME: *Vetiveria zizanioides*

SOURCE: Madagascar

CHAKRA: Muladhara (Root)

- ☞ Vetiver essential oil is stabilizing, strengthening and grounding.
- ☞ Emotionally, vetiver helps you “keep your feet on the ground” so to speak.
- ☞ Vetiver essential oil improves with age, becoming sweeter, deeper and richer in aroma profile. Aged vetiver becomes less rooty and develops a caramel-like sweetness.
- ☞ Vetiver is a long-lasting base note and fixative. It will bind a blend of oils and slow their evaporation thereby making the aroma last longer...it is very important to add fixative oils to natural perfumes.
- ☞ Vetiver and patchouli compliment each other and work well together in a blend.



LEARN MORE

about Aura Cacia's
vetiver from the
Madagascar sourcing
video on **YouTube**.

Vetiver in Tsiroanomandidy, Madagascar.



STABILIZING MASSAGE OIL

- 2 drops ylang ylang essential oil
- 2 drops patchouli essential oil
- 4 drops vetiver essential oil

Blend with 1 Tbsp of Aura Cacia® sweet almond or grapeseed oil for a gentle, soothing massage.

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Patchouli

BOTANICAL NAME: *Pogostemon cablin*

SOURCE: Indonesia

CHAKRA: Muladhara (Root)

☞ Patchouli is balancing and meditative.

☞ Emotionally, patchouli's slightly euphoric nature puts your "head in the clouds."

☞ Patchouli oil improves with age, becoming sweeter, deeper and richer in aroma profile. Aged patchouli becomes less earthy and more fruity/floral.

☞ Patchouli is a long-lasting base note and fixative. It will bind a blend of oils and slow their evaporation thereby making the aroma last longer...it is very important to add fixative oils to natural perfumes.

☞ Patchouli and vetiver compliment each other and work well together in a blend.



LEARN MORE

about Aura Cacia's patchouli from the Indonesia sourcing video on **YouTube**.

Organic patchouli in Belang Kejeran, Indonesia.



BALANCED BLISS BATH SALT

22 drops lavender essential oil
6 drops coriander essential oil
2 drops vetiver essential oil
2 drops patchouli essential oil
3/4 cup Dead Sea salt

Tip: Add 1 or 2 teaspoons of Aura Cacia® skin care oils including jojoba, sweet almond and grapeseed for extra skin-nourishing benefits.