



BALSAM FIR NEEDLE

Pure Essential Oil
elevating

Peel for important safety & use details

NET .5 FL OZ
(15 mL)



INGREDIENTS

Abies balsamea
(balsam fir)
needle oil.

OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L191118B1



Aura Cacia
Balsam Fir
Needle is
distilled from
the freshly
trimmed
needles.

GROWN IN
Canada

DISTRIBUTED BY FRONTIER CO-OP
PO BOX 299, NORWAY, IA 52318 USA
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CAUTION: IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN. PRODUCT IS FLAMMABLE.

USE FOR

Elevating the mood.

GOES WELL WITH

Pine, cedarwood,
juniper berry

AROMA NOTE

Leafy top note

QUICK TIP

Diffuse 10 drops to create an elevating atmosphere.

ELEVATING ROOM SPRAY

6 drops balsam fir

6 drops pine

2 fl oz water

Combine in a mist bottle.

Shake and spray into airspace.

DILUTION GUIDE

Drops per 1 oz (2 Tbsp) carrier

Face	6
Body	12
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
- Unscented liquid soap or lotion
- Witch hazel extract

Find more recipes & tips at auracacia.com.