



BERGAMOT

BERGAPTENE-FREE
Pure Essential Oil

uplifting

Peel for important
safety & use details

NET .5 FL OZ
(15 mL)



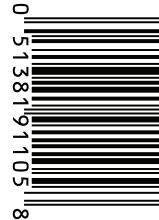
INGREDIENTS

Citrus bergamia
(bergamot)
bergaptene-free oil.

OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L191105B1



Cold-pressed bergamot is distilled to remove phototoxic compounds, making Aura Cacia bergamot BF good for body care.

GROWN IN
Italy

Distributed by Frontier Co-op
PO Box 299, Norway, IA 52318
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CAUTION: IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN. PRODUCT IS FLAMMABLE.

USE FOR

Uplifting weighty emotions.

GOES WELL WITH

Chamomile, geranium, lavender, jasmine

AROMA NOTE

Fruity top note

QUICK TIP

Blend 8 drops with 2 fl oz each witch hazel extract and water for a body splash.

UPLIFTING BODY POWDER

8 drops bergamot BF
8 Tbsp cornstarch
Combine in a wide-mouth amber glass jar. Pat onto clean skin.

DILUTION GUIDE

Drops per 1 oz (2 Tbsp) carrier

Face	1
Body	2
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
- Unscented liquid soap or lotion
- Witch hazel extract

Find more recipes & tips at auracacia.com.