



FRANKINCENSE

Pure Essential Oil

restoring

Peel for important safety & use details

NET .5 FL OZ
(15 mL)



INGREDIENTS

Boswellia sacra
(frankincense)
oil.

OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L191119C1



Aura Cacia frankincense is extracted from wild-harvested East African tree resin.

GROWN IN
Somalia

Distributed by Frontier Co-op
PO Box 299, Norway, IA 52318
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CAUTION: IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN. PRODUCT IS FLAMMABLE.

USE FOR
Restoring your well-being.

GOES WELL WITH
Black pepper, lavender, sweet orange, sandalwood

AROMA NOTE
Woody base note

QUICK TIP

Diffuse 18 drops during meditation and yoga for a restorative practice.

FRANKINCENSE FACIAL MIST

12 drops frankincense
6 drops lavender
6 drops sweet orange
2 fl oz water
Combine in a mist bottle, shake well, then mist face, avoiding eyes.

DILUTION GUIDE

Drops per 1 oz (2 Tbsp) carrier

Face	6
Body	12
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
 - Unscented liquid soap or lotion
 - Witch hazel extract
- Find more recipes & tips at auracacia.com.