



GRAPEFRUIT

Pure Essential Oil

revitalizing

Peel for important safety & use details

NET .5 FL OZ (15 mL)



INGREDIENTS
Citrus paradisi (grapefruit) oil.

OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L191159C3



Aura Cacia grapefruit is pressed from the rind to obtain a fresh, bright aroma.

GROWN IN
US/Mexico

Distributed by Frontier Co-op
PO Box 299, Norway, IA 52318
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CAUTION: IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN. PRODUCT IS FLAMMABLE. AVOID DIRECT SUNLIGHT WHEN USED IN SKIN APPLICATIONS.

USE FOR
Dispelling bad air and bad vibes.

GOES WELL WITH
Cardamom, geranium, lavender

AROMA NOTE
Fruity top note

QUICK TIP
Blend 24 drops with 2 fl oz water in a mist bottle for an uplifting room spray.

REVITALIZING FOOT SOAK
48 drops grapefruit
4 Tbsp sea salt
4 Tbsp baking soda
Combine in a wide-mouth amber glass jar. Dissolve 3 Tbsp in a basin of warm water, soak feet.

DILUTION GUIDE
Drops per 1 oz (2 Tbsp) carrier

Face	6
Body	12
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
- Unscented liquid soap or lotion
- Witch hazel extract

Find more recipes & tips at auracacia.com.