



MYRRH

Pure Essential Oil

restoring

Peel for important safety & use details

NET .5 FL OZ (15 mL)



INGREDIENTS

Commiphora myrrha (myrrh) oil.

OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L191128C2



Aura Cacia myrrh is sustainably extracted from wild-harvested tree resin in Eastern Africa.

GROWN IN
Eastern Africa

Distributed by Frontier Co-op
PO Box 299, Norway, IA 52318
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CAUTION: IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN.

USE FOR

Restoring a sense of harmony.

GOES WELL WITH

Frankincense, patchouli, lavender

AROMA NOTE

Woody base note

QUICK TIP

Diffuse 18 drops to create a stabilizing airspace.

MYRRH BODY MIST

24 drops myrrh
2 fl oz water
Combine in a mist bottle, replace lid and shake well, then spritz skin, avoiding eyes.

DILUTION GUIDE

Drops per 1 oz (2 Tbsp) carrier

Face	6
Body	12
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
- Unscented liquid soap or lotion
- Witch hazel extract

Find more recipes & tips at auracacia.com.