



# PEPPERMINT

Pure Essential Oil

cooling

Peel for important safety & use details

NET .5 FL OZ (15 mL)



## INGREDIENTS

*Mentha x piperita* (peppermint) oil.

## OUR PROMISE

- Single Botanical
- No Synthetics
- Tested for Authenticity
- Not Tested on Animals

L19113281



Aura Cacia Yakima Valley peppermint is distilled to uncover a suave, minty aroma.

**GROWN IN**  
United States

Distributed by Frontier Co-op  
PO Box 299, Norway, IA 52318  
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**CAUTION:** IF PREGNANT, NURSING, SUFFERING FROM ANY MEDICAL CONDITION, OR TAKING MEDICATION, CONSULT A HEALTH CARE PRACTITIONER BEFORE USE. DILUTE PROPERLY. AVOID EYES AND MUCOUS MEMBRANES. IF IRRITATION OCCURS, DISCONTINUE USE. NOT FOR INTERNAL USE. KEEP OUT OF REACH OF CHILDREN. PRODUCT IS FLAMMABLE.

## USE FOR

A cooling sensation.

## GOES WELL WITH

Eucalyptus, lavender, lemon, sweet orange, tea tree

## AROMA NOTE

Leafy top note

## QUICK TIP

Blend 24 drops with 2 fl oz unscented liquid soap for an invigorating body wash.

## COOLING TRAVEL MIST

24 drops peppermint  
2 fl oz water  
Combine in a mist bottle, shake well, then spritz skin, avoiding eyes.

## DILUTION GUIDE

Drops per 1 oz (2 Tbsp) carrier

Face	6
Body	12
Home Care	18
Diffusion	Follow device instructions

Examples of carriers

- Skin care oil
- Unscented liquid soap or lotion
- Witch hazel extract

Find more recipes & tips at [auracacia.com](http://auracacia.com).